

INDICATIONS

IMPORTANT: Begin by instructing your patient to brush and rinse thoroughly. All food debris must be removed from brackets before implementing the OraKlenz Braces Care System. (While we acknowledge that most patients have difficulty flossing with braces it is still important to encourage them to do so.) Explain to the patient that they will need to do this before they use the trays.

Demonstrate how each tray is inserted and removed. Then observe as the patient inserts and removes each tray. Trays are separated into quadrant sections (4 trays total). Each quadrant section must be inserted separately.

GEL APPLICATION:

OraKlenz Trays are designed to hold the gel right where it is needed. This ensures that the gel infuses below the tissue and into the pockets. Demonstrate how to apply the gel to buccal, lingual and interproximal areas of the tray. **NOTE:** To avoid contamination, make sure not to touch the tray with the applicator.



TRAY INSERTION:

To insert tray, approach from the bracket side (buccal aspect) of teeth at a 45 degree angle. Position the tray so that the tray edge bypasses the bracket, then roll tray up and over the bracket. Always check to make sure the occlusal and lingual aspects are properly seated firmly in place.

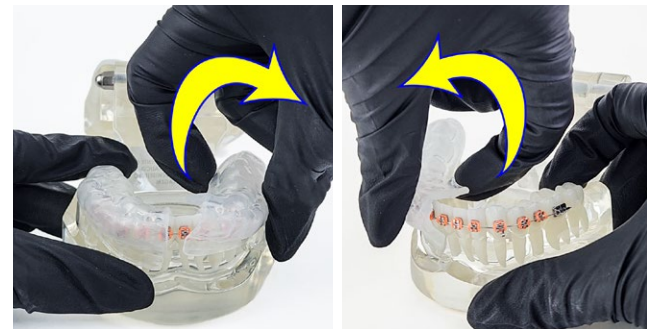
CAUTION: Insertion of upper and lower trays should be done using **FINGER PRESSURE ONLY** – thumbs to seat the upper and index finger to seat the lower. Make sure to stress to the patient that trays should **NEVER** be “bitten” into place.



TRAY REMOVAL:

To remove tray, press finger against the lingual edge (tongue side), rolling it up, over and away from the brackets. **NOTE:** Take care to ensure the tray does not “grab” the bracket as it is removed.

Repeat the insertion/removal process for the remaining quadrants, making sure that the patient is comfortable with all procedure requirements.



DAILY TREATMENT:

Once the trays are comfortably in place, instruct the patient to use their thumb and index finger to rub and press the outer surface of the trays. Then, gently bite down so that the upper and lower tray make contact. This is to infuse the gel below the tissue and deep into the pockets.

Advise the patient to keep the trays in place for 15-20 minutes. Depending on the severity of the patient's periodontal condition, this process should be repeated 1-3 times a day.

NOTE: We have found that the best treatment windows are after mealtimes, shower/bath times, watching shows, just before bedtime.

AFTER TREATMENT:

When treatment is completed, the patient should remove the trays and express any excess gel into the sink. Rinse the trays under cool water – NEVER USE HOT WATER -- and brush each tray with a soft toothbrush. Allow trays to dry until next treatment. At least once a week, trays should be cleaned with an appliance cleaner, e.g. EverSmile White Foam Appliance Cleaner. Important Note: Make sure to remind your patient that OraKlenz does not replace regular brushing and flossing. If they feel any irregular or adverse reaction to contact the office immediately.

Doctor's Instructions:

Wear Time – 15 to 20 minutes

☐ 3 Times Daily ☐ 2 Times Daily ☐ Once per Day

Special Instructions:

Dr. _____ Phone _____

Important Note: OraKlenz does not replace regular brushing and flossing – If you feel any irregular or adverse reaction contact your dentist immediately.

FABRICATED BY:



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Doctor Instructions

The OraKlenz™ Braces Care System

Protects Your Braces-Wearing Patients Against
Chronic Inflammation and Gum Disease



CAUTION: Federal law requires a written prescription, signed by a licensed medical professional.



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